



A ROCKFORD ORIGINAL

Mary's Market is a fast and casual café that serves fresh, real food made from top quality ingredients by people who care. Since 1982, we've built a reputation for serving wholesome, authentic and healthy cuisine in a relaxed and welcoming atmosphere at a value. All our foods are made from scratch. Our breads, desserts, soups, pasta sauces, sandwiches and salads – are handmade, prepared from the freshest, highest quality ingredients.



A LA CARTE MENU

MONDAY - FRIDAY SPECIAL! (UNTIL 11AM)
DOLLAR MARKET PANCAKES \$1.00 EA

Order as many as you like! Petite version of Aunt Mary's original recipe buttermilk pancake served with whipped butter and natural syrup

TWO EGGS (ANY STYLE)	\$1.95
EGGBEATERS	\$2.25
THREE EGG WHITES	\$2.50
APPLEWOOD SMOKED BACON (4 PCS) ..	\$2.95
PORK SAUSAGE LINKS (2)	\$2.95
SIDE OF TOAST	\$1.50
SWEDISH PANCAKE (1)	\$2.25
FRESH FRUIT CUP	\$1.75
CHORIZO SAUSAGE PATTY (2 PCS)	\$2.95
MARKET POTATO HASH	\$1.75
HASH BROWN POTATOES	\$1.75
YOGURT	\$1.95

BREAKFAST MENU

LIGHT STARTS

MARKET STEEL-CUT OATMEAL \$3.95

Served with raisins, brown sugar, milk, and our house-made granola

MARY'S MARKET YOGURT PARFAIT \$4.95

Layers of yogurt, seasonal berries, and our house-made granola

PANCAKES & FRENCH TOAST

*Served with natural syrup, & whipped butter.
 add strawberries & whipped cream \$1.50

MARKET PANCAKES - QTY (2) \$4.25 (3) \$5.25

Aunt Mary's original recipe buttermilk pancakes

LEMON POPPY SEED PANCAKES

QTY (2) \$5.50 (3) \$6.50

Market pancakes infused with lemon and poppy seeds, topped with citrus zest whipped cream

SWEDISH PANCAKE STACKS

SHORT STACK (2) \$4.25

REGULAR STACK (3) \$5.25

SUPER STACK (4) \$6.25

Stacks of Swedish pancakes with lingonberry butter and powdered sugar

CHALLAH FRENCH TOAST \$6.50

Two thick slices of our bakery-fresh Challah loaf dipped in egg batter and grilled. Dusted with powdered sugar

GLUTEN SENSITIVE MARKET PANCAKE

SHORT STACK (2) \$6.95

REGULAR STACK (3) \$7.95

Made-from-scratch gluten sensitive buttermilk pancakes

EGGS

Served with choice of Market Potatoes, Hash Brown Potatoes, or Fruit Cup and choice of toast..

MARY'S FAVORITE \$4.95

Two any-style eggs

MARKET COMBO \$6.50

Two any-style eggs with bacon or sausage links

MARY'S BENEDICT \$7.95

Two poached eggs, grilled ham & asparagus on grilled black pepper parmesan bread, and finished with our savory hollandaise sauce

MARKET CORNED BEEF HASH \$8.95

Two any-style eggs served over grilled corned beef, market potatoes, and green onions

MARY'S MARKET STEAK & EGGS \$9.95

Two any-style eggs served with grilled chopped sirloin steak

BREAKFAST SPECIALTIES

Served with choice of Market Potatoes, Hash Brown Potatoes, or Fruit Cup and choice of toast.

BUTTERMILK BISCUITS WITH \$6.95

SAVORY SAUSAGE GRAVY

1/2 ORDER \$4.95

Bakery fresh buttermilk biscuits smothered with our house-made-from-scratch country sausage gravy

MARY'S QUICHE FLORENTINE \$7.95

Eggs, cream, baby spinach, and swiss cheese baked in a flaky pastry shell

MARKET QUICHE LORRAINE \$7.95

Eggs, cream, applewood smoked bacon, and swiss cheese, baked in a flaky pastry shell



OMELETS

Served with choice of Market Potatoes, Hash Brown Potatoes, or Fruit Cup and choice of toast.

CHEESE TRIO OMELET \$6.99

A blend of cheddar, Swiss & mozzarella cheeses

BRUSCHETTA OMELET \$7.25

Bruschetta tomatoes with garlic, basil, and parmesan cheese

COUNTRY FRENCH OMELET \$7.95

Crisp applewood smoked bacon, sauteed mushrooms, basil pesto, and smoked gouda cheese

SOUTHWESTERN OMELET \$7.95

Ham, green pepper, onions, and cheddar cheese, served with pico de gallo and fresh cilantro

FARMERS MARKET OMELET \$7.95

Grilled sausage, green peppers, onion, tomato, and choice of cheddar or swiss cheese

SKILLETS

Served with 2 any-style eggs atop Market Potatoes and choice of toast

GRILLED VEGETABLE SKILLET \$7.99

Grilled seasonal vegetables & feta cheese

CHORIZO BREAKFAST SKILLET \$8.50

Chorizo, pico de gallo, cheddar & feta cheeses with a side of house-made guacamole

MARKET SKILLET \$8.50

Grilled sausage, ham, green pepper, onion, and cheddar cheese

AVOCADO POWER SKILLET \$8.50

Scrambled egg whites, avocado, pico de gallo, green onion, and feta cheese

BREAKFAST SANDWICHES

Served with choice of Market Potatoes, Hash Brown Potatoes, or Fruit Cup

MARKET CLASSIC \$6.95

Choice of bacon or ham & fried egg, smoked Gouda cheese and hollandaise sauce on a grilled ciabatta

EARLY BIRD CROISSANT \$7.50

Fried egg, grilled ham, and melted cheddar cheese on a toasted croissant

SOUTH OF THE BORDER BREAKFAST BURRITO \$7.95

Scrambled eggs, grilled chorizo, pico de gallo, market potatoes, and cheddar cheese, wrapped in a herb tortilla

GRILLED VEGETABLE & EGG WHITE SANDWICH \$7.95

Scrambled egg whites, grilled seasonal vegetables, basil pesto, and feta cheese on a multi-grain bun or herb tortilla



DRINKS

MARY'S MARKET BLEND COFFEE \$1.95

Locally roasted by Java Mania - Our full bodied custom blend is sure to perk your senses!



javamania
Coffee Roastery



ESPRESSO

ESPRESSO	\$1.95	\$2.15	\$2.45
CAPPUCCINO	\$2.85		
CAFÉ LATTE	\$3.00	\$3.50	\$3.90
BREVÉ LATTE	\$3.45	\$4.00	4.30
WHITE CHOC. MOCHA	\$3.45	\$4.00	4.30
MARY'S MACCHIATO	\$3.45	\$4.00	4.30
MILKY MOCHA	\$3.45	\$4.00	4.30
AMERICANO	\$2.15	\$2.45	\$2.75
RED EYE	\$2.35	\$2.55	\$2.95
CINNAMON ROLL LATTE	\$3.45	\$4.00	4.30

MARY'S FROZEN COFFEE BLENDS

(ONLY AT STATE ST. LOCATION)

FROZEN MOCHA	\$4.75
FROZEN LATTE	\$4.75
ICED COFFEE	\$2.45

HOUSE SPECIALTIES

HOT TEA	\$1.75		
BREWED ICED TEA	\$2.00		
CHAI TEA LATTE	\$3.10	\$3.50	\$3.90
HOT CHOCOLATE	\$2.40	\$2.60	\$3.00
STEAMER	\$2.25	\$2.65	\$3.05
HOT APPLE CIDER	\$1.75	\$1.95	\$2.15
- ADD CARAMEL	\$0.60		

LIBATIONS

MIMOSA	\$6.00
OPICI RED SANGRIA	\$6.00
OPICI WHITE SANGRIA	\$6.00

HAVE YOU TRIED ONE OF OUR FRESH NEW YORK STYLE BAGELS?

We at Mary's Market serve a deliciously crisp and chewy New York Style Bagel. Our bagel dough is produced fresh daily and then poached before they are baked; a process that gelatinizes the dough to make them chewy. We offer several selections daily for only \$0.99 each! The seedy stix are amazingly delicious at \$1.19 or have it toasted & add cream cheese for a small upcharge.



HAVE YOU TRIED OUR PASTRIES?

We have an assortment of baked muffins, (including gluten sensitive selections,) granola bars, danishes, croissants, and cinnamon rolls, caramel pecan rolls.

